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## WHAT IS CLAIMED IS:

 A pattern forming method comprising: forming a photosensitive resin film on a substrate;

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exposing the photosensitive resin film;
forming a pattern of the photosensitive resin film
by supplying a developing solution to the
photosensitive resin film; and

slimming to remove a surface layer of the pattern by causing the pattern to contact with an activated water.

- 2. The pattern forming method according to claim 1, wherein supercritical water or subcritical water is used as the activated water.
- 3. The pattern forming method according to claim 1, wherein the activated water contains radicals of atoms or molecules produced by irradiating the water with light.
- 4. The pattern forming method according to claim 3, wherein the light includes wavelength of 250 nm or less.
  - 5. The pattern forming method according to claim 1, wherein the activated water contains radicals produced by irradiating the water in which molecules of gas are dissolved, with light.
  - 6. The pattern forming method according to claim 5, wherein, when hydrogen peroxide is selected as

the molecules of gas, the light includes wavelength of 300 nm or less.

7. The pattern forming method according to claim 5, wherein, when oxygen or ozone is selected as the molecules of gas, the light includes wavelength of 250 nm or less.

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- 8. The pattern forming method according to claim 1, wherein the activated water is ozone water which ozone dissolved in pure water, and the pattern surface is oxidized by 5 nm or more with the ozone water.
- 9. The pattern forming method according to claim 1, wherein the pattern dimension is measured before the slimming process, and the condition of the slimming process is determined on the basis of the result of measurement.
- 10. The pattern forming method according to claim 9, wherein the pattern dimension is measured by emitting a measuring light to a measuring region of the substrate, and determining on the basis of any one of the diffracted light intensity from the measuring region, wavelength dispersion of the diffracted light intensity, and wavelength dispersion of polarized light information of the diffracted light.
- 25 11. The pattern forming method according to claim 1, wherein the slimming process is followed by one or more repetitions of a re-slimming process of

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removing a surface layer of the pattern by causing the pattern to contact with the activated water.

12. The pattern forming method according to claim 11, wherein the pattern dimension is measured before the re-slimming process.

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- 13. The pattern forming method according to claim 12, wherein the pattern dimension is measured by emitting a measuring light to a measuring region of the substrate, and determining on the basis of any one of the diffracted light intensity from the measuring region, wavelength dispersion of the diffracted light intensity, and wavelength dispersion of polarized light information of the diffracted light.
- 14. The pattern forming method according to claim 13, wherein the condition of the re-slimming process is determined on the basis of the result of measurement of the measured pattern dimension.
- 15. The pattern forming method according to claim 13, wherein the re-slimming process is stopped at the time when the measured pattern dimension reaches a desired dimension.
- 16. The pattern forming method according to claim 1, wherein the pattern dimension is measured along with the slimming process, and the slimming process is stopped at the time when the measured pattern dimension reaches a desired dimension.
  - 17. The pattern forming method according to

claim 1, wherein, after forming the pattern, a cleaning solution is supplied on the substrate in which the developing solution is supplied, and the slimming process is executed while the cleaning solution is left over on the substrate.

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- 18. The pattern forming method according to claim 1, wherein, after forming the pattern, a cleaning solution is supplied on the substrate in which the developing solution is supplied, and the slimming process is executed after the cleaning solution is removed from the substrate.
- 19. The pattern forming method according to claim 1, further comprising, after the slimming process:
- supplying carbon dioxide in a supercritical state on the substrate to dissolve the water on the substrate; and

drying the substrate while varying the pressure and temperature such that the carbon dioxide in the supercritical state is transformed into a gaseous state without transition of a liquid state.

- 20. The pattern forming method according to claim 1, further comprising, after the slimming process:
- transforming the water into a supercritical state while varying the pressure and temperature such that the activated water is not vaporized; and

drying the substrate while varying the pressure and temperature such that the water in the supercritical state is transformed into a gaseous state without transition of a liquid state.

21. A pattern forming method comprising: forming a photosensitive resin film on a substrate;

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exposing the photosensitive resin film;

reforming a surface layer of the pattern by

causing the pattern to contact with an activated water;

and

removing the surface layer of the pattern by supplying a developing solution to the pattern.

- 22. The pattern forming method according to claim 21, wherein supercritical water or subcritical water is used as the activated water.
  - 23. The pattern forming method according to claim 21, wherein the activated water contains radicals of atoms or molecules produced by irradiating the water with light.
  - 24. The pattern forming method according to claim 23, wherein the light includes wavelength of 250 nm or less.
- 25. The pattern forming method according to
  25 claim 21, wherein the activated water contains radicals produced by irradiating the water in which molecules of gas are dissolved, with light.

- 26. The pattern forming method according to claim 25, wherein, when hydrogen peroxide is selected as the molecules of gas, the light includes wavelength of 300 nm or less.
- 5 27. The pattern forming method according to claim 25, wherein, when oxygen or ozone is selected as the molecules of gas, the light includes wavelength of 250 nm or less.
- 28. The pattern forming method according to

  10 claim 21, wherein the activated water is ozone water

  having ozone dissolved in pure water, and the pattern

  surface is oxidized by 5 nm or more with the ozone

  water.
- 29. The pattern forming method according to

  claim 21, wherein the process of removing the surface
  layer of the pattern is followed by one or more
  repetitions of re-reforming process of reforming the
  surface layer of the pattern by causing the pattern to
  contact with the activated water, and a re-developing

  process of removing the surface layer of the pattern by
  supplying a developing solution to the re-reformed
  pattern.
  - 30. The pattern forming method according to claim 29, wherein the pattern dimension is measured before the re-reforming process.

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31. The pattern forming method according to claim 30, wherein the condition of the re-reforming

process and re-developing process is determined on the basis of the measured pattern dimension.

- 32. The pattern forming method according to claim 30, wherein the pattern dimension is measured by emitting a measuring light to a measuring region of the substrate, and determining on the basis of any one of the diffracted light intensity from the measuring region, wavelength dispersion of the diffracted light intensity, and wavelength dispersion of polarized light information of the diffracted light.
- 33. A pattern forming method comprising: forming a photosensitive resin film on a substrate;

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exposing the photosensitive resin film;

reforming a surface layer of the photosensitive

resin film by causing the photosensitive resin film to

contact with an activated water; and

forming a pattern of the photosensitive resin film by supplying a developing solution to the photosensitive resin film of which surface layer has been reformed.

- 34. The pattern forming method according to claim 33, wherein supercritical water or subcritical water is used as the activated water.
- 25 35. The pattern forming method according to claim 33, wherein the activated water contains radicals of atoms or molecules produced by irradiating the water

with light.

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- 36. The pattern forming method according to claim 35, wherein the light includes wavelength of 250 nm or less.
- 5 37. The pattern forming method according to claim 33, wherein the activated water contains radicals produced by irradiating the water in which molecules of gas are dissolved, with light.
- 38. The pattern forming method according to

  claim 37, wherein, when hydrogen peroxide is selected

  as the molecules of gas, the light includes wavelength

  of 300 nm or less.
  - 39. The pattern forming method according to claim 37, wherein, when oxygen or ozone is selected as the molecules of gas, the light includes wavelength of 250 nm or less.
  - 40. The pattern forming method according to claim 33, wherein the activated water is ozone water having ozone dissolved in pure water, and the pattern surface is oxidized by 5 nm or more with the ozone water.
  - 41. A pattern forming method comprising: forming a photosensitive resin film on a substrate;
- exposing the photosensitive resin film;
  reforming a surface layer of the photosensitive
  resin film by causing the photosensitive resin film to

contact with an activated water; and

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forming a pattern of the photosensitive resin film by supplying a developing solution to the photosensitive resin film of which surface layer has been reformed.

- 42. The pattern forming method according to claim 41, wherein supercritical water or subcritical water is used as the activated water.
- 43. The pattern forming method according to

  claim 41, wherein the activated water contains radicals

  of atoms or molecules produced by irradiating the water

  with light.
  - 44. The pattern forming method according to claim 43, wherein the light includes wavelength of 250 nm or less.
  - 45. The pattern forming method according to claim 33, wherein the activated water contains radicals produced by irradiating the water in which molecules of gas are dissolved, with light.
- 20 46. The pattern forming method according to claim 45, wherein, when hydrogen peroxide is selected as the molecules of gas, the light includes wavelength of 300 nm or less.
- 47. The pattern forming method according to
  25 claim 45, wherein when oxygen or ozone is selected as
  the molecules of gas, the light includes wavelength of
  250 nm or less.

87 48. The pattern forming method according to claim 41, wherein the activated water is ozone water having ozone dissolved in pure water, and the pattern surface is oxidized by 5 nm or more with the ozone 5 water. A substrate processing apparatus comprising: a substrate holding mechanism which holds a substrate almost horizontally; a light emitting section including a transparent 10 plate disposed oppositely to the substrate holding mechanism, the light emitting section emitting light to the substrate through the transparent plate; and a distance adjusting mechanism which adjusts the distance between the light emitting section and the 15 substrate such that, when a liquid film is formed on the substrate, the transparent plate contacts with the liquid film. 50. The substrate processing apparatus according

50. The substrate processing apparatus according to claim 49, further comprising a moving mechanism which relatively moves the light emitting section and the substrate holding mechanism horizontally.

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51. The substrate processing apparatus according to claim 49, wherein the substrate holding mechanism is substantially same as the substrate in diameter.

52. The substrate processing apparatus according to claim 49, further comprising a rotating mechanism which rotates the substrate held in the substrate

holding mechanism.

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- 53. The substrate processing apparatus according to claim 49, wherein the distance adjusting mechanism adjusts the distance between the top of the substrate and the transparent plate such that the transmissivity of the illuminating light to the liquid between the transparent plate and the substrate is 1% or more.
- 54. The substrate processing apparatus according to claim 49, further comprising a measuring mechanism which measures the distance between the substrate and the light emitting section, wherein the distance adjusting mechanism adjusts the distance on the basis of the result measured by the measuring mechanism.
- 55. The substrate processing apparatus according to claim 49, further comprising an illumination detecting mechanism which detects the illumination of the light emitted from the light emitting section.
- 56. The substrate processing apparatus according to claim 55, wherein, when the detected illumination is larger than a reference value, the distance adjusting mechanism sets the distance between the substrate and the light emitting section longer than the distance corresponding to the reference value.
- 57. The substrate processing apparatus according to claim 55, wherein, when the detected illumination is smaller than a reference value, the distance adjusting mechanism sets the distance between the substrate and

the light emitting section shorter than the distance corresponding to the reference value.

58. The substrate processing apparatus according to claim 50, further comprising an illumination detecting mechanism which detects the illumination of the light emitted from the light emitting section,

wherein, when the detected illumination is larger than a reference value, the moving mechanism sets the relative moving speed of the light emitting section and the substrate holding mechanism faster than the moving

speed corresponding to the reference value.

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- 59. The substrate processing apparatus according to claim 50, further comprising an illumination detecting mechanism which detects the illumination of the light emitted from the light emitting section, wherein, when the detected illumination is smaller than a reference value, the moving mechanism sets the relative moving speed of the light emitting section and the substrate holding mechanism slower than the moving speed corresponding to the reference value.
- 60. The substrate processing apparatus according to claim 49, further comprising a liquid supply device which supplies the liquid onto the substrate to form a film of the liquid.
- 25 61. The substrate processing apparatus according to claim 50, further comprising a liquid supply device which supplies the liquid onto the substrate to form a

film of the liquid, and a liquid suction device which sucks the liquid on the substrate.

62. The substrate processing apparatus according to claim 60, wherein the distance adjusting mechanism adjusts the interval between the top of the substrate and the transparent plate at 0.5 mm or less.

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- 63. The substrate processing apparatus according to claim 60, wherein the moving mechanism relatively moves the light emitting section and the liquid supply device, and the substrate holding mechanism horizontally.
- 64. The substrate processing apparatus according to claim 63, wherein the liquid supply device and the light emitting section are disposed in this order from the front side in the moving direction of the light emitting section and the liquid supply device with respect to the substrate holding mechanism.
- 65. The substrate processing apparatus according to claim 61, wherein the moving mechanism relatively moves the light emitting section, liquid supply device, and liquid suction device, and the substrate holding mechanism horizontally.
- 66. The substrate processing apparatus according to claim 65, wherein the liquid supply device, the light emitting section, and the liquid supply device are disposed in this order from the front side in the moving direction of the light emitting section, liquid

supply device, and liquid suction device with respect to the substrate holding mechanism.

67. The substrate processing apparatus according to claim 49, wherein the light emitting section comprises a plurality of light sources, and an illumination adjusting mechanism which adjusts the

illumination of each light source.

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- 68. The substrate processing apparatus according to claim 49, wherein the light emitting section distributes the light from the light sources and emits to a plurality of regions on the substrate.
- 69. The substrate processing apparatus according to claim 50, wherein the width of the illumination region of the light emitting section in a direction orthogonal to the horizontal moving direction is substantially same as the diameter of the substrate.
- 70. The substrate processing apparatus according to claim 49, further comprising a developing solution supply device which supplies a developing solution to the substrate.
  - 71. A substrate processing apparatus comprising:
- a substrate holding mechanism which holds a substrate almost horizontally;
- a liquid supply section which supplies a liquid onto the substrate;
  - a light emitting section which emits light to the liquid before being supplied on the substrate; and

92 a moving mechanism which moves relatively the liquid supply section and light emitting section, and the substrate holding mechanism horizontally. The substrate processing apparatus according to claim 71, further comprising a distance adjusting 5 mechanism which adjusts the distance between the liquid supply section and the substrate. The substrate processing apparatus according to claim 72, further comprising a measuring mechanism which measures the distance between the substrate and 10 the liquid supply section, wherein the distance adjusting mechanism adjusts the distance on the basis of the result measured by the measuring mechanism. The substrate processing apparatus according 15 to claim 71, wherein the substrate holding mechanism is substantially same as the substrate in diameter. The substrate processing apparatus according to claim 71, further comprising a rotating mechanism which rotates the substrate held by the substrate 20 holding mechanism.

76. The substrate processing apparatus according to claim 71, further comprising an illumination detecting mechanism which detects the illumination of the light emitted from the light emitting section.

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77. The substrate processing apparatus according to claim 76, wherein, when the detected illumination is larger than a reference value, the distance adjusting

mechanism sets the distance between the substrate and the light emitting section longer than the distance corresponding to the reference value.

- 78. The substrate processing apparatus according to claim 76, wherein, when the detected illumination is smaller than a reference value, the distance adjusting mechanism sets the distance between the substrate and the light emitting section shorter than the distance corresponding to the reference value.
- 10 79. The substrate processing apparatus according to claim 71, further comprising an illumination detecting mechanism which detects the illumination of the light emitted from the light emitting section, wherein, when the detected illumination is larger than a reference value, the moving mechanism sets the relative moving speed of the light emitting section and the substrate holding mechanism faster than the moving speed corresponding to the reference value.
- to claim 71, further comprising an illumination detecting mechanism which detects the illumination of the light emitted from the light emitting section, wherein, when the detected illumination is smaller than a reference value, the moving mechanism sets the relative moving speed of the light emitting section and the substrate holding mechanism slower than the moving speed corresponding to the reference value.

- 81. The substrate processing apparatus according to claim 71, wherein the light emitting section comprises a plurality of light sources, and an illumination adjusting mechanism which adjusts the illumination of each light source.
- 82. The substrate processing apparatus according to claim 71, wherein the light emitting section distributes the light from the light sources and emits to a plurality of regions on the substrate.
- 10 83. The substrate processing apparatus according to claim 71, wherein the width of the illumination region of the light emitting section in a direction orthogonal to the horizontal moving direction is substantially same as the diameter of the substrate.

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- 84. The substrate processing apparatus according to claim 71, further comprising a developing solution supply device which supplies a developing solution to the substrate.
- 85. A method of manufacturing a semiconductor device, comprising:

forming a resin film on the principal plane of a substrate to be processed;

causing the principal plane of the substrate to be processed to contact with an atmosphere containing molecules to produce OH radicals and/or O radicals when irradiated with an ultraviolet light;

emitting the ultraviolet light to the principal

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plane of the substrate to be processed;

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producing OH radicals and/or O radicals from the molecules by the ultraviolet light;

producing a reaction product by reaction between the produced OH radicals and/or O radicals and the resin film; and

cooling the substrate to be processed to a temperature at which the resultant reaction product is not fluidized at the time of illumination with the ultraviolet ray.

- 86. The method according to claim 85, wherein the resin film is formed in a predetermined pattern.
- 87. The method according to claim 86, further comprising removing the reaction product from the principal plane of the substrate to be processed.
- 88. The method according to claim 85, wherein the molecules are one or more selected from oxygen and ozone.
- 89. The method according to claim 87, wherein the substrate to be processed is etched by using the resin film as a mask after removing the reaction product.
  - 90. The method according to claim 87, wherein the principal plane of the substrate to be processed is irradiated with ultraviolet light or electron beam after removing the reaction product.
  - 91. The method according to claim 87, wherein removing of the reaction product includes supplying a

solution for dissolving the reaction product to the principal plane of the substrate to be processed, and removing the solution from the principal plane of the substrate to be processed.

- 5 92. The method according to claim 91, wherein the solution is water or hydrogen peroxide.
  - 93. The method according to claim 91, further comprising, after removing the solution, drying the principal plane of the substrate to be processed.
- 94. The method according to claim 87, wherein the reaction product is removed by heating the substrate to be processed to a temperature at which the reaction product is vaporized.

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- 95. The method according to claim 94, wherein the heating temperature of the substrate to be processed is less than the pyrolysis temperature of the resin film.
- 96. The method according to claim 87, wherein a series of process of contact with the atmosphere, generation of the OH radicals and/or O radicals, generation of the reaction product, and removal of the reaction product is executed plural times.
- 97. The method according to claim 85, wherein the molecules are liquid in a vapor state, and the liquid is adsorbed on the surface of the resin film by contact with the atmosphere.
- 98. The method according to claim 97, further comprising increasing the contact angle of the surface

of the resin film to the liquid.

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- 99. The method according to claim 97, wherein the liquid is water or hydrogen peroxide.
- 100. The method according to claim 85, wherein contact with the atmosphere is executed with the principal plane of the substrate to be processed directed downward.
- 101. A method of manufacturing a semiconductor device, comprising:
- forming a pattern of a resin film on the principal plane of a substrate to be processed;

directing the principal plane of the substrate to be processed in a downward direction;

causing the principal plane of the substrate to be processed to contact with an atmosphere containing molecules to produce OH radicals and/or O radicals when irradiated with an ultraviolet light;

emitting the ultraviolet light to the principal plane of the substrate to be processed;

20 producing OH radicals and/or O radicals from the molecules by the ultraviolet light;

producing a reaction product by reaction between the produced OH radicals and/or O radicals and the resin film; and

25 removing the reaction product.

102. The method according to claim 101, wherein the reaction product is fluidized at the time of emitting

the ultraviolet light.

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- 103. The method according to claim 101, wherein the molecules are one or more selected from oxygen and ozone.
- 5 104. The method according to claim 101, wherein the substrate to be processed is etched by using the resin film as a mask after removing the reaction product.
  - 105. The method according to claim 101, wherein the principal plane of the substrate to be processed is irradiated with ultraviolet light or electron beam after removing the reaction product.
  - 106. The method according to claim 101, wherein removing of the reaction product includes supplying a solution for dissolving the reaction product to the principal plane of the substrate to be processed, and removing the solution from the principal plane of the substrate to be processed.
  - 107. The method according to claim 106, wherein the solution is water or hydrogen peroxide.
- 20 108. The method according to claim 106, further comprising, after removing the solution, drying the principal plane of the substrate to be processed.
  - 109. The method according to claim 101, wherein the reaction product is removed by heating the substrate to be processed to a temperature at which the reaction product is vaporized.
    - 110. The method according to claim 109, wherein the

heating temperature of the substrate to be processed is less than the pyrolysis temperature of the resin film.

111. The method according to claim 101, wherein a series of process of contact with the atmosphere, generation of the OH radicals and/or O radicals, generation of the reaction product, and removal of the reaction product is executed plural times.

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- 112. The method according to claim 101, wherein the molecules are liquid in a vapor state, and the liquid is adsorbed on the surface of the resin film by contact with the atmosphere.
- 113. The method according to claim 112, further comprising increasing the contact angle of the surface of the resin film to the liquid.
- 15 114. The method according to claim 112, wherein the liquid is water or hydrogen peroxide.
  - 115. A substrate processing method comprising:

    forming a pattern of a resin film on the principal
    plane of a substrate to be processed;
- causing the principal plane of the substrate to be processed to contact with an atmosphere containing molecules to produce OH radicals and/or O radicals when irradiated with an ultraviolet light;

emitting the ultraviolet light to the principal plane of the substrate to be processed;

producing OH radicals and/or O radicals from the molecules by the ultraviolet light;

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producing a reaction product by reaction between the produced OH radicals and/or O radicals and the resin film;

heating the substrate to be processed so as to evaporate the reaction product at a temperature of the resin film less than the decomposition temperature when irradiated with the ultraviolet light; and

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removing the reaction product after irradiation with the ultraviolet light.

- 116. The method according to claim 115, wherein the substrate to be processed is set at a pressure of less than the atmospheric pressure when heating the substrate to be processed.
- 117. The method according to claim 115, wherein the molecules are one or more selected from oxygen and ozone.
  - 118. The method according to claim 115, wherein the substrate to be processed is etched by using the resin film as a mask after removing the reaction product.
- 20 119. The method according to claim 115, wherein the principal plane of the substrate to be processed is irradiated with ultraviolet light or electron beam after removing the reaction product.
  - 120. The method according to claim 115, wherein the removal of the reaction product includes supplying a solution for dissolving the reaction product to the principal plane of the substrate to be processed, and

removing the solution from the principal plane of the substrate to be processed.

- 121. The method according to claim 120, wherein the solution is water or hydrogen peroxide.
- 5 122. The method according to claim 120, wherein the removal of the solution is followed by drying the principal plane of the substrate to be processed.
  - 123. The method according to claim 115, wherein the reaction product is removed by heating the substrate to be processed to a temperature at which the reaction product is vaporized.
    - 124. The method according to claim 123, wherein the heating temperature of the substrate to be processed is less than the pyrolysis temperature of the resin film.
- 15 125. The method according to claim 115, wherein contact with the atmosphere is executed with the principal plane of the substrate to be processed directed downward.

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126. A substrate processing apparatus comprising:
 a chamber;

substrate holding means provided in the chamber, for holding a substrate;

means for controlling the temperature of the
substrate;

25 means for emitting an ultraviolet light, disposed opposite to the principal plane of the substrate held by the substrate holding means;

gas supply means connected to the chamber, in a space between the substrate principal plane and the emitting means, for supplying a gas containing molecules to produce OH radicals and/or O radicals by irradiation with the ultraviolet ray into the chamber;

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gas exhaust means for exhausting the chamber; and concentration control means for controlling the concentration of the molecules contained in the gas that is supplied from the gas supply means.

- 127. The substrate processing apparatus according to claim 126, wherein the substrate holding means holds the substrate with its principal plane directed downward.
- 15 128. The substrate processing apparatus according to claim 126, further comprising means for scanning the light emitting means relatively to the substrate.
  - 129. The substrate processing apparatus according to claim 126, wherein the gas supply means has a bubbler filled with a liquid containing molecules.
  - 130. The substrate processing apparatus according to claim 126, further comprising cleaning means for cleaning the principal plane of the substrate by supplying a liquid to the principal plane of the substrate.
  - 131. The substrate processing apparatus according to claim 130, further comprising drying means for

drying the liquid remaining on the principal plane of the substrate.